

# Surviving a School Attack

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## Introduction

- Nowadays, unfortunately, we need to be prepared for any situation. This includes knowing what to do in the event of a school attack or shooting.
- In this guide, we are going to present some important tips so that you can protect yourself and help save lives in an emergency situation.



## Keep Calm

- In an attack or firefight situation, staying calm is key. Panic can lead to rash decisions and put your life and the lives of others at risk.
- Take a deep breath, keep your head in place and try to assess the situation rationally. This will allow you to make better decisions and increase your chances of survival.



## seek shelter

- As soon as you realize that there is an attack or firefight in progress, immediately move to a safe place. This location should be closed off and protected, such as a room with a sturdy door or a closet.
- Make sure no one is injured or in danger before locking the door. If possible, turn off lights and mute cell phones to avoid drawing the abuser's attention.



## stay informed

- If you're in a safe place, stay informed about what's going on outside. Listen carefully for sounds and voices, but don't make any noise.
- If possible, follow the news online or on social media, but don't take any action yourself. This can help you better understand the situation and make better decisions.



## help others

- If you are in a safe place and you realize that other people are in danger, try to help them. But do it with caution, avoiding exposing yourself to unnecessary risks.
- If there are injuries, try to provide first aid and call for medical help as soon as possible. Remember that every second counts in an emergency situation.



## Follow the guidelines of the authorities

- If the authorities arrive on the scene, follow their directions without question. They are trained to deal with this type of situation and know what is best to ensure everyone's safety.
- Do not leave the site until you receive permission from the authorities. And when you are released, follow the instructions to leave the premises safely.



# Run, Hide and Fight

## **RUN: Evacuate if possible**

- If there is considerable distance between you and the gunfire/armed person, quickly move away from the sound of gunfire/armed person. If the shooting/armed person is in your building and it is safe to do so, run out of the building and away until you are in a safe place to hide.
- Leave your belongings behind.
- Keep your hands visible to authorities.
- Take others with you, but don't get left behind because others won't.
- Call 911 when it is safe to do so. Do not assume that someone else has reported the incident. The information you may provide law enforcement may be critical, for example, number of shooters, physical description and identification, number and type(s) of weapons, and location of the shooter.



# Run, Hide and Fight

## **HIDE:** Hide silently in as safe a place as possible

- If the shooter is close and you cannot safely evacuate, hide in an area out of sight of the armed person.
- Choose a hiding place with thicker walls and fewer windows if possible.
- Lock the doors and barricade them with furniture if possible.
- Turn off the lights
- Mute phones and turn off other electronics.
- Close windows, blinds and shades and avoid being seen outside the room if possible.
- If you're outdoors and can't RUN safely, find a place to hide that provides protection from gunfire, such as a brick wall, large trees, or buildings.
- Remain in place until you receive an "all clear" signal



# Run, Hide and Fight

## **FIGHT:** Take action to interrupt or incapacitate the shooter

- As a last resort, fight. If you cannot safely evacuate or hide, and only when your life is in imminent danger, take action.
- Attempt to disable or interrupt the shooter's actions.
- Act with physical aggression towards the shooter.
- Don't try to take the sniper's gun, take advantage of the element of surprise.
- Use items in your area like fire extinguishers or chairs.
- Throw items at the shooter if possible.
- Call 911 when it is safe to do so.



### Source of information

- Some reference links, all information above were taken from competent authorities
- <https://www.smcm.edu/publicsafety/run-hide-fight-active-shooter-protocol/>
- <https://www.fbi.gov/how-we-can-help-you/safety-resources/active-shooter-safety-resources>
- [https://www.secretservice.gov/sites/default/files/2020-04/Protecting\\_Americas\\_Schools.pdf](https://www.secretservice.gov/sites/default/files/2020-04/Protecting_Americas_Schools.pdf)
- <https://www.sandyhookpromise.org/blog/gun-violence/facts-about-gun-violence-and-school-shootings/>
- <https://www.gov.br/mj/pt-br/assuntos/noticias/mj-sp-e-safernet-brasil-criam-canal-de-denuncias-sobre-ataques-nas-escolas>

