

Introduction to common Red Team Attacks & Blue Team Defenses

Common Red Team Attack Vectors and Techniques

Common Attack Kill Chain

Common Blue Team Detective and Preventative Controls

Common Variations

Find Emails & Users		Verify Emails & Users		Create Phishing Payloads & Sites	
LinkedIn.com	Google.com	SMTP Server Cmds	Send Test Emails	Office365 OWA MS APIs	
Data.com	Bing.com				

Email Sources			Email Targets		Email Content			
Spooled Internal Domain	Spooled External Domain	Domain Similar to Company	Hacked Account	Mass Mailing	Targeted Mailing	Pretext Scenario	Malicious Links	Malicious Files & Embedding

Malicious Links		Website Components			Files			
Port Scan	Geo Locate	Phish Web Site	Credential Collection Form	Java Applet ClickOnce HTA	Browser Exploit	Browser Add-On Exploit	Common exec file formats	Office Docs + Macros

Common Payload Command Types

Commands	Binaries	Scripts	Standard Code	Assembly Code	Byte Code
cmd, wmi, wrm, ftp, net, etc	Executable, Installer, Library	PS, VB, VBS, JS, Bat	C, C++, C#	shellcode	Java, .Net

Common Local Persistence Methods

PW / Pvt Key	Custom Providers	File, Registry, & Application Autoruns	Windows Service	Scheduled Task	WMI Event Trigger	Code / File Modification	Driver BIOS
PW Hash	Kerb Ticket						

Egress Ports		Common Protocols				Common Types							
TCP	UDP	IPv4	IPv6	HTTP	HTTPS	DNS ICMP NTP	SSH Telnet Rlogin	FTP NFS SMB	Torrent IM SMTP	Beacon	Bind Shell	Reverse Shell	Web Shell

Weak Configurations

Weak Configurations						Local Exploits	
Weak Password or Password Storage Method	Insecure Service	Insecure Schtask	Insecure GPO	Insecure Protocol	Excessive Privilege	OS	APP

Steal Authentication Tokens		Common local Targets						
Password / Private Key	Password Hash (PTH)	Kerberos Ticket (PTT)	OS, Domain, & Network Information	Users & Groups	Cache & Logs	Services & Processes	Installed Apps	Files & Registry

Passive Recon		Active Discovery				Locate Domain, Ent. & Forest Admins	
Sniffing	Trace Route	Ping & Port Scanning	DNS & ADS Queries	Share & Logon Scanning	DB, SP & Mail Svr Scanning	Domain GPOs & SPN	Remote Sessions & Processes

Stolen Authentication Tokens		Common Methods							
Password / Private Key	Password Hash (PTH)	Kerberos Ticket (PTT)	MGMT Services	Windows Service	Sched Task	File Share	Shell, DB, App & VM Servers	Remote Exploit, Physical	GPO, SCCM

Steal Admin Authentication Tokens		Attack DCs		Escalate to Root Domain			
Password / Private Key	Password Hash (PTH)	Kerberos Ticket (PTT)	Exploits, Kerberoast & GPP	Shared Password	Delegated Privs Nested Groups	Domain Trusts & SID History	Exploits Kerberoast GPO

Common Data Stores				Common Data Targets			
Mail Servers	File Servers	Database Servers	Code Repositories	PII PHI CHD	IP & Research	Financial Data	Insider Trading Info

Common Protocols TCP/UDP, v4/6				Data Handling		Physical Media	
LAN & Wireless	Common & Uncommon Ports	Standard & Custom Protocols	C2 and Alternative Channels	Staged & not Staged	Large & Small Files	Compression Encoding Encryption	USB & SD DVD

Stolen Authentication Tokens		Two Factor		Common Internet Facing Interfaces			
Password / Private Key	Password Hash (PTH)	Kerberos Ticket (PTT)	Private Key Token Seed Skeleton Key	VPN	RDP SSH VDE	Office365 Azure AWS	Web Based Citrix & TS

Prepare Phishing Attacks
from public resources

Send Phishing Emails
to employee addresses

Deliver the Payloads
to employee systems

Run the Payload Commands
on employee systems

Maintain Local Persistence
on employee systems

Obtain Command & Control Channel
from employee systems

Escalate Local Privileges
on employee systems

Perform Local Recon / Discovery
on employee systems

Perform Network Recon / Discovery
on internal networks

Perform Lateral Movement
between systems/networks

Escalate Domain Privileges
via common vectors

Find and Access Sensitive Data
in common data stores

Exfiltrate Sensitive Data
using common channels

Maintain Remote Access Without a C2
using common interfaces

Endpoint

NA

NA

Asset / config / patch mgmt.
Anti-virus / HIDS / HIPS
Secure group policy
Mail client configurations
MS Office Security Settings
Web browser configurations
Logs / SEIM / Alerts

Asset / config / patch mgmt.
Anti-virus / HIDS / HIPS
Secure group policy settings
Application white listing
Least privilege enforcement
Logs / SEIM / Alerts

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Logs / SEIM / Alerts
FIM / WMI event triggers

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Logs / SEIM / Alerts
DEP / ASLR / SEH
Micro virtualizing / sandboxes

Asset / config / patch mgmt.
Anti-virus / HIDS / HIPS
Secure group policy settings
Application white listing
Least privilege enforcement
Logs / SEIM / Alerts

HIDS / HIPS
Logs / SEIM / Alerts
Canaries
- Local & Domain User Accounts
- Domain Computer Accounts
- Local and Network Files
File Auditing

Asset / config / patch mgmt.
Anti-virus / HIDS / HIPS
Secure group policy settings
Application white listing
Least privilege enforcement
Logs / SEIM / Alerts
Host-based Firewall

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Least Privilege Enforcement
Two-Factor Authentication
Data Encryption and Secure Key Management
File, Application, and Database Auditing
Host DLP / Logs / SEIM / Alerts

HIDS / HIPS
Host DLP
Large file upload detection
Mail client/server settings
Logs / SEIM / Alerts

Enforce Two-factor authentication on all external interfaces
Limit Terminal Service, Citrix, and VDE access to specific groups during specific hours
Geo / IP limiting

Network

Deny / log VRY requests
Deny / log EXPN requests
Log RCPT commands executed sequentially
Large numbers of HTTP NTLM requests

Email filters, thresholds, and spam rules
Email source verification
Blacklist checks
SPF record checks
Logs / SEIM / Alerts

Email filters, thresholds, and spam rules
Deny / log relay requests
Secure caching provider
Web filtering / white listing
Authenticated HTTP proxies
Logs / SEIM / Alerts

NA

NA

Firewall Rules / Segmentation
NIDS / NIPS
Fix Up Protocols
Web Filtering / White Listing
Authenticated HTTP Proxies
Logs / SEIM / Alerts

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Firewall rules / segmentation
NIDS / NIPS
Honey pots
Tarbits
Canary networks, systems, & accounts
Logs / SEIM / Alerts

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Firewall Rules / Segmentation
Email Server Configuration
Network DLP
Fix Up Protocols
Web Filtering / Auth Proxy
Canary Data Samples
Logs / SEIM / Alerts

Firewall rules / segmentation
NIDS / NIPS
Canary networks, systems, applications, and accounts
Logged events / SEIM / alerts

Process

User awareness training
Track company's point of presence and employee exposure.
Monitor domain expirations

User awareness training
Incident response procedures

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User awareness training
Incident response procedures

Admin awareness training
Incident response procedures

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Don't use shared local accounts
Use a separate domain user and server admin accounts
Maintain secure configs
Incident response procedures

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Maintain secure configs
Incident response procedures

User awareness training
Incident response procedures
Manage keys securely
Consolidate and isolate sensitive data stores

User awareness training
Incident response procedures

Admin awareness training
Incident response procedures
Enforce strong account policies